

HYGIENE POLICY

NQS 2.1.2, 3.1.2 February 2018

The goal of Roxby Downs Children's Centre's hygiene program is to maintain an environment that minimises illness and infection. Educators are responsible for and required to maintain strict hygiene procedures and to demonstrate positive role modelling for children. The Children's Centre employs a contract cleaner to ensure the cleanliness of the Children's Centre each day.

Educators will maintain cleanliness of the children's toys and equipment during the day by:

- Reserving a bucket specifically for mouthed toys to be put in for cleaning
- Cleaning tables with warm soapy water immediately before and after eating or when curriculum activities are based around food
- Encouraging children to put rubbish in the bins provided
- Wearing gloves when changing nappy or assisting a child with toileting, and disposing of them immediately
- Cleaning the nappy change mat with warm soapy water after each nappy change
- Using a clean face cloth or baby wipe for cleaning a child's face and hands
- Handling biting by children in accordance with first aid procedures and notify parents of biting incidents
- Raking sandpits on a daily basis and ensuring digging path and swings are safe to use

To prevent the spread of illness, educators will wash and dry their hands (or use hand sanitiser if hands are NOT visibly dirty):

- Upon arrival at the Centre and when re-entering a room after a break
- After assisting a child at the toilet
- After changing a child's nappy
- After wiping a nose (your own or a child's)
- After cleaning up blood/faeces/urine/vomit
- After cleaning the nappy change area
- After handling sick children
- Before and after taking off gloves
- Before eating or handling food
- After applying sunscreen or other lotions to one or more children
- After going to the toilet
- After touching animals
- Whenever necessary, at their discretion
- After handling rubbish/compost bins, gardening and handling animals
- Before going home

Children are supported to wash and dry their hands:

- Upon arrival at the Centre
- After using the toilet
- Before eating or handling food
- After blowing their nose
- Whenever necessary, at the staff's discretion
- After a nappy change (or after using the toilet when wearing a pull-up)
- After handling animals

| Date of review | Reason | Source |
|----------------|--|--|
| February 2019 | Changed to state that educators need to wash their hands on arrival at the Centre & when they re-enter the room after a break, after applying sunscreen, before going home – bring in line with hand hygiene recommendations | Staying Healthy in Child care and NHMRC handwashing guidelines |

CREATED: January 2018
 REVIEWED: February 2019
 TO BE REVIEWED: February 2020
 SOURCED: Staying healthy in child care – 5th edition
 DECD Hazard Alert HA41 – Food Safety